

Hello everyone,

Here is a list of accommodations and more in the area.

Sigean (8 min drive) and Roquefort des Corbières (8 min drive) are the closest villages.

Please note that the individual course with Zhander and Emma will take place during the high season in South of France so to avoid disappointment I would strongly recommend you book your accommodation early.

There are 2 guesthouses on The Barn site:

- **The neighbor's holiday house:** 2 single rooms, 2 twin rooms and only 1 bathroom with separate toilets. Price: 100€/night (for pictures please email me)
- **The Barn guesthouse:** 1 twin room with ensuite shower room , 1 single room and 1 separate toilets. Price: 130€/night + 50€ end of stay cleaning. Infos and pictures:

<https://www.airbnb.fr/rooms/10951179>

Both house rentals can be booked directly through me: valerie@thebarn.fr

If you don't stay on the site, you will have to organise your own transport to come to the class. All airports and train stations indicated on the last page have car rental service.

SIGEAN

Small town of 5500 habitants renowned for its African Wildlife Reserve where about 3800 animals live in partial freedom on 300 hectares (<http://www.reserveafricainesigean.fr/en/>). In town you will find a few cafés and restaurants, a farmers market, 3 Boulangerie/Patisserie and a few small general supermarkets.

Where to stay:

- **Holiday rental:** <http://www.tourisme-sigean.fr/index.php/hebergements/locations-saisonnieres.html>
- **Camping / mobile homes:** <http://www.tourisme-sigean.fr/index.php/hebergements/villages-de-vacances-campings.html>
- **Hotel / guesthouses / B&B:** <http://www.tourisme-sigean.fr/index.php/hebergements/hotel-gites-et-chambres-d-hotes.html>

Farmers market / organic grocery

- Place de la Liberation (in front of the Mairie) Tuesday and Friday morning (1 stand of local organic fruits & vegetables).
- [« Nature et Terroir »](#): organic/local fruits & vegetables, bread, dry and fresh food.
- [La ferme Attitude](#): Local and some organic products.

ROQUEFORT DES CORBIERES

Village of 1000 habitants surrounded by scrubland, vineyards and hills covered with pine trees. Its particularity comes from the cliff that rises at its foot.

You will find 1 boulangerie and 2 regular groceries and that's about it !

Where to stay:

<http://www.roquefort-des-corbieres.fr/pages/6,19,,17/hebergements.html>

Please note: Castelsec and Mas Rojac (outside the village) are the closest but you will still need a car as the road has steep slopes.

More accommodations:

airbnb.fr

homelidays.fr

Organic products:

- Fruits/vegetables/eggs from the organic farm Mas Col des Muzes: next to the Post Office.
- Bread/croissant/pastries made with organic local flour: Boulangerie Avenue des Plages

There is a large farmers market in **Port-La-Nouvelle** (10 min drive from Sigean/Roquefort) on Saturday morning where you can find local delicious goat cheese, peasant traditional bread (made with local ancient wheat flour and sourdough) and organic free range eggs: look for Jean-Baptiste stand.

For large choice of organic products (about 30 min drive):

<http://www.biocoop-narbonne.com>

<http://www.biocoopclaira.com>

<http://www.biocoopperpignan.com>

Must see

More informations (in english) and interactive map about the area, accommodation, gastronomy, must see places and much more:

<http://www.audetourisme.com/en/accommodation/index.php>

https://www.tripadvisor.com/Attractions-g1076291-Activities-Sigean_Aude_Occitanie.html

Transfers

If you don't stay on the site, you will have to organise your own transport to come to the class. All airports and train stations indicated below have car rental service.

If you need assistance for transfers to/from The Barn please contact me as soon as you have your times of arrival/departure so I can organise a Taxi share for you: valerie@thebarn.fr

How to get there

Please note that in July/August you get massive traffic on the south of France motorways especially on Saturdays so I would suggest that you land either in Paris CDG and from there you can get a direct fast train (TGV) to Narbonne (journey is 4h30) or Barcelona International Airport and get a TGV to Perpignan.

The different transfers journeys indicated below are for normal traffic.

By plane

International airports:

- Toulouse (1h30 drive)
- Montpellier (1h15 drive)
- Barcelona (2h20 drive)

Ryanair flies to these airports from the UK, Sweden, Germany and Paris:

- Perpignan (30 min drive)
- Bezier (40 min drive)
- Carcassonne (40 min drive)

By Train

- Narbonne train station (30 min drive)
- Perpignan train station (30 min drive)
- from Barcelona Sants train station you can get a direct TGV to Perpignan (1h20 journey)

To book your train ticket visit: www.voyages-sncf.com (ticket sales open only 3 months before departure)

Driving directions to The Barn

Take the exit 39 (Sigean) on the A9 Motorway.

At the Stop turn right towards Sigean.

At the roundabout take first right into the commercial area. Passed Intermarché (supermarket) turn left towards Fraissé des Corbières.

Stay on that road until you see The Barn on your left (about 8 min drive from Intermarché)

You can't miss it. It is a large house with grey shutters and a surrounding stoned wall with a metallic sign: « The Barn »

There is 1 small car park on the right side of the house and some spaces on the left side of the house (you need to make a U-turn and you can park on each side of the road **after** the enclosure wall).

Best beaches

<http://uk.tourisme-leucate.fr/home/discover/thebeaches.aspx>

<https://www.france-voyage.com/cities-towns/leucate-747/beach-franqui-25351.htm>